

FILE DEFINITION TEST CHANGE

Notification Date: January 28, 2025 Effective Date: February 27, 2025

TTR Gene, Full Gene Analysis, Varies

Test ID: TTRZ

Explanation: On the effective date, this assay will include additional specimen types and reflex testing, when necessary. In addition, whole blood will be limited to the anticoagulants listed below.

Current Reflex Tests			
None			

New Reflex Tests				
Test ID	Reporting Name	Available Separately	Always Performed	
CULFB	Fibroblast Culture for Genetic Test	Yes	No	
CULAF	Amniotic Fluid Culture/ Genetic Test	Yes	No	
MATCC	Maternal Cell Contamination, B	Yes	No	

Current Specimen Required

Patient Preparation: A previous bone marrow transplant from an allogenic donor will interfere with testing. For instructions for testing patients who have received a bone marrow transplant, call 800-533-1710.

Specimen Type: Whole blood

Container/Tube:

Preferred: Lavender top (EDTA) or yellow top

(ACD)

Acceptable: Any anticoagulant Specimen Volume: 3 mL Collection Instructions:

- 1. Invert several times to mix blood.
- 2. Send whole blood specimen in original tube.

Do not aliquot.

Specimen Stability Information: Ambient

(preferred)/Refrigerated

Additional Information: To ensure minimum volume and concentration of DNA is met, the preferred volume of blood must be submitted. Testing may be canceled if DNA requirements are inadequate.

New Specimen Required

Patient Preparation: A previous bone marrow transplant from an allogenic donor will interfere with testing. For instructions for testing patients who have received a bone marrow transplant, call 800-533-1710.

Submit only 1 of the following specimens:

Specimen Type: Whole blood

Container/Tube:

Preferred: Lavender top (EDTA) or yellow top (ACD)

Acceptable: Green top (Sodium heparin):

Specimen Volume: 3 mL Collection Instructions:

- 1. Invert several times to mix blood.
- 2. Send whole blood specimen in original tube. **Do not aliquot**.

Specimen Stability Information: Ambient (preferred) 4

days/Refrigerated 4 days/Frozen 4 days

Additional Information:

- 1. Specimens are preferred to be received within 4 days of collection. Extraction will be attempted for specimens received after 4 days, and DNA yield will be evaluated to determine if testing may proceed.
- 2. To ensure minimum volume and concentration of DNA is met, the preferred volume of blood must be submitted. Testing may be canceled if DNA requirements are inadequate.

Specimen Type: Saliva

Patient Preparation: Patient should not eat, drink, smoke, or chew

gum 30 minutes prior to collection. Supplies: Saliva Collection Kit (T786)

Specimen Volume: 1 Swab

Collection Instructions: Collect and send specimen per kit

instructions.

Specimen Stability Information: Ambient (preferred) 30

days/Refrigerated 30 days

Additional information: Saliva specimens are acceptable but not recommended. Due to lower quantity/quality of DNA yielded from saliva, some aspects of the test may not perform as well as DNA extracted from a whole blood sample. When applicable, specific gene regions that were unable to be interrogated will be noted in the report. Alternatively, additional specimen may be required to complete testing.

Specimen Type: Cultured fibroblasts

Source: Skin

Container/Tube: T-25 flask Specimen Volume: 2 Flasks

Collection Instructions: Submit confluent cultured fibroblast cells from

a skin biopsy.

Specimen Stability Information: Ambient (preferred) <24

hours/Refrigerated <24 hours Additional Information:

1. Specimens are preferred to be received within 24 hours of collection. Culture and extraction will be attempted for specimens received after 24 hours and will be evaluated to determine if testing may proceed.

2. A separate culture charge will be assessed under CULFB / Fibroblast Culture for Biochemical or Molecular Testing. An additional 3 to 4 weeks is required to culture fibroblasts before genetic testing can occur.

Specimen Type: Tissue biopsy Supplies: Hank's Solution (T132)

Container/Tube: Sterile container with sterile Hank's balanced salt

solution. Ringer's solution, or normal saline Specimen Volume: 0.5 to 3 cm(3) or larger

Specimen Stability Information: Ambient (preferred) <24

hours/Refrigerated <24 hours

Additional Information:

1. Specimens are preferred to be received within 24 hours of collection. Culture and extraction will be attempted for specimens received after 24 hours and will be evaluated to determine if testing may proceed.

2. A separate culture charge will be assessed under CULFB / Fibroblast Culture for Biochemical or Molecular Testing. An additional 3 to 4 weeks is required to culture fibroblasts before genetic testing can occur.

Specimen Type: Extracted DNA

Container/Tube:

Preferred: Screw Cap Micro Tube, 2 mL with skirted conical base

Acceptable: Matrix tube, 1mL **Collection Instructions:**

- 1. The preferred volume is at least 100 mcL at a concentration of 75 na/mcL.
- 2. Include concentration and volume on tube.

Specimen Stability Information: Frozen (preferred) 1 year

/Ambient/Refrigerated

Additional Information: DNA must be extracted in a CLIA-certified laboratory or equivalent and must be extracted from a specimen type listed as acceptable for this test (including applicable anticoagulants). Our laboratory has experience with Chemagic, Puregene, Autopure, MagnaPure, and EZ1 extraction platforms and cannot guarantee that all extraction methods are compatible with this test. If testing fails, one repeat will be attempted, and if unsuccessful, the test will be reported as failed and a charge will be applied. If applicable, specific gene regions that were unable to be interrogated due to DNA quality will be noted in the report

Specimen Type: Blood spot

Supplies: Card-Blood Spot Collection (Filter Paper) (T493)

Container/Tube:

Preferred: Collection card (Whatman Protein Saver 903 Paper) **Acceptable**: PerkinElmer 226 filter paper or blood spot collection card

Specimen Volume: 2 to 5 Blood spots

Collection Instructions:

- 1. An alternative blood collection option for a patient older than 1 year is a fingerstick. For detailed instructions, see How to Collect a Dried Blood Spot Sample.
- 2. Let blood dry on the filter paper at ambient temperature in a horizontal position for a minimum of 3 hours.
- 3. Do not expose specimen to heat or direct sunlight.
- 4. Do not stack wet specimens.
- 5. Keep specimen dry.

Specimen Stability Information: Ambient (preferred)/Refrigerated Additional Information:

- 1. Blood spot specimens are acceptable but not recommended. Multiple extractions will be required to obtain sufficient yield for supplemental analysis, and there is significant risk for test failure due to insufficient DNA.
- 2. Due to lower concentration of DNA yielded from blood spot, some aspects of the test may not perform as well as DNA extracted from a whole blood sample. When applicable, specific gene regions that were unable to be interrogated will be noted in the report. Alternatively, additional specimen may be required to complete testing.
- 3. For collection instructions, see <u>Blood Spot Collection Instructions</u>
- 4. For collection instructions in Spanish, see <u>Blood Spot Collection</u> Card-Spanish Instructions (T777)
- 5. For collection instructions in Chinese, see <u>Blood Spot Collection</u> Card-Chinese Instructions (T800)

PRENATAL SPECIMENS:

Due to its complexity, consultation with the laboratory is required for all prenatal testing; call 800-533-1710 to speak to a genetic counselor.

Specimen Type: Chorionic villi

Container/Tube: 15-mL tube containing 15 mL of transport media

Specimen Volume: 20 mg

Specimen Stability Information: Ambient (preferred) <24

hours/Refrigerated <24 hours

- Additional Information:

 1. Specimens are preferred to be received within 24 hours of collection.
- 24 hours and will be evaluated to determine if testing may proceed.2. A separate culture charge will be assessed under CULFB /

Fibroblast Culture for Biochemical or Molecular Testing. An additional 3

Culture and extraction will be attempted for specimens received after

to 4 weeks is required to culture fibroblasts before genetic testing can occur.

3. All prenatal specimens must be accompanied by a maternal

3. All prenatal specimens must be accompanied by a maternal blood specimen; order MATCC / Maternal Cell Contamination, Molecular Analysis, Varies on the maternal specimen.

Specimen Type: Prenatal cultured fibroblasts (eg, products of conception), amniocytes, or other confluent cultured cells. This does not include cultured chorionic villi.

Container/Tube: T-25 flask Specimen Volume: 2 Flasks

Collection Instructions: Submit confluent cultured cells from another

laboratory.

Specimen Stability Information: Ambient (preferred) <24

hours/Refrigerated <24 hours **Additional Information**:

1. Specimens are preferred to be received within 24 hours of collection. Culture and extraction will be attempted for specimens received after 24 hours and will be evaluated to determine if testing may proceed.

2. A separate culture charge will be assessed under CULFB / Fibroblast Culture for Biochemical or Molecular Testing. An additional 3 to 4 weeks is required to culture fibroblasts before genetic testing can occur.

3. All prenatal specimens must be accompanied by a maternal blood specimen; order MATCC / Maternal Cell Contamination, Molecular Analysis, Varies on the maternal specimen.

Specimen Type: Cultured chorionic villi

Container/Tube: T-25 flasks Specimen Volume: 2 Full flasks

Collection Instructions: Submit confluent cultured cells from another

laboratory.

Specimen Stability Information: Ambient (preferred) <24

hours/Refrigerated <24 hours

Additional Information:

1. Specimens are preferred to be received within 24 hours of collection. Culture and extraction will be attempted for specimens received after 24 hours and will be evaluated to determine if testing may proceed.

2. A separate culture charge will be assessed under CULFB / Fibroblast Culture for Biochemical or Molecular Testing.

3. All prenatal specimens must be accompanied by a maternal blood specimen; order MATCC / Maternal Cell Contamination, Molecular Analysis, Varies on the maternal specimen.

Current CPT Code			
81404			

New CPT Code

81404

88233-Tissue culture, skin, solid tissue biopsy (if appropriate) 88235-Amniotic fluid culture (if appropriate) 81265-Maternal cell contamination (if appropriate)

Questions

Contact Michelle Raths, Laboratory Resource Coordinator at 800-533-1710.